

# SIHFW Rajasthan

*Electronic Newsletter*

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SIHFW: an ISO 9001:2008 certified Institution

## From the Director's Desk

Dear Readers,

Greetings from SIHFW!

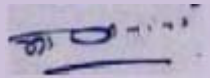
SIHFW, in coordination with NHM and Development partners, has been working towards improvement of health indicators. Efforts of all of us in the public health sector have now started showing results. There have been improvement in Institutional delivery (ID) as reported in many data outcomes.



ID in National Family Health Survey (NFHS-III) in 2005-06 was 38.7%, which increased to 46.9% District Level Household Survey (DLHS-III) in 2007-08. Similarly, as per the Coverage Evaluation Survey (CES 2009) conducted by the UNICEF, the institutional delivery is 72.9%.

Regarding Rajasthan, there is an increase in ID from 74.4 % (AHS 11-12), which reached 78.0% (AHS 13-14). Hence, it's an opportunity to congratulate all stakeholders involved for rise in Institutional deliveries, not only in State, but across the country. Efforts in the right direction at the right time show results, and we have miles to go before we sleep!

This issue of e-newsletter shares some key interventions organized by SIHFW. We would solicit your feedback and suggestions.



Director

### Inside:

- Trainings, Workshops and Meetings
- Monitoring/ Visits
- Health News

### Health and Social Days

#### July-Aug-Sept '15

- Doctors' Day, July 1
- World Hepatitis Day, July 28
- World Population day, July 11
- World Breastfeeding Week, Aug 1-7
- International youth Day, Aug 12
- World Humanitarian Day, Aug 19
- International Literacy Day, Sept 8
- World Suicide Prevention Day, Sept 10
- World First Aid Day, Sept 14
- World Alzheimer's day, Sept 21
- World Rabies Day, Sept 28
- World Heart Day, Sept 29

## Trainings, Workshops and Meetings

### ToT on RBSK

Two batches of ToT (training of trainers) on RBSK were conducted at IGPRS, Jaipur by NHM, DM&HS, with logistics support by SIHFW. The ToT was envisaged to develop a pool of trainers at the state/ district and block level. The trainers were trained with the goal of training Mobile Health Teams (MHT) consisting of Ayush Doctors, ANMs/ Staff Nurse, Pharmacists etc.

A total of 148 participants were trained in both the trainings. The participants were Medical Officers, Ayush Medical Officers, Public Health Nurses, Nursing Tutors from all the districts. In first batch, during Aug 3-7, 2015, there were 68 participants and in second batch during Aug 10-14, 2015, there were 80 participants.

### Professional Development Course (PDC)- XII Batch

The XII batch of PDC, funded by Ministry of Health and Family Welfare, started on July 15, 2015 at SIHFW for 70 days (10 weeks). There were 18 participants. Besides the regular sessions covered under the schedule of the course, it is a mandate that the participants are exposed to the health systems of different States/ Districts. Information on field visits made during PDC is covered in Monitoring/Visits section of this e-newsletter. The course was over on September 22, 2015.



### Orientation on Coverage Evaluation Survey

Training to orient the participants on cluster evaluation survey was conducted on Aug. 7-8 2015 at SIHFW. Selected ANMs attended the training wherein they were trained on formats for the survey. Field visit was done on the next day followed by debriefing. The activity was carried at Pratapgarh district from Aug. 10-12, 2015.

### Meeting of Refrigerator Mechanics on IPV

A one day meeting of the Refrigerator Mechanics on IPV was held on Aug. 26, 2015 to discuss and plan the mentoring visits in the field to improve the cold chain performance.

### Mid-year review of UNICEF-SIHFW partnership

A mid-year review of SIHFW-UNICEF partnership was conducted on Aug. 27, 2015 with the purpose of reviewing the progress made in the various objectives of the partnership. It was attended by UNICEF and SIHFW officials.

### State level workshop on RSK

One day state level workshop was organized on Aug. 26, 2015. It was attended by RCHOs, DPMs, DIEC Coordinators, DACs from 10 HPDs. The purpose of the workshop was to launch the Ujala and 104 helpline for adolescents. Status of RSK in the state of Rajasthan, need and importance of convergence among departments to improve the reach to adolescents, facility based intervention –AFH clinics and community based interventions, trainings under RSK were the key issues discussed at the workshop.

### Meeting of District ASHA Coordinators

A one day meeting of the District ASHA Coordinators (DAC) was organized by NHM at SIHFW on Aug. 24, 2015 to discuss various ASHA training, financial and monitoring issues. DACs of 28 districts participated in the meeting. A training plan was prepared by each of the district and shared.

### **State consultation on Women's Health & Comprehensive Abortion Care – Public and private sector**

A one day consultation on CAC was organized at Hotel Royal Orchid by PSI on Aug 10, 2015, with technical support of SIHFW. The discussions were done on MTP and PCPNDT Act, recent guidelines for safe abortion services, techniques in 1<sup>st</sup> and 2<sup>nd</sup> trimester, post abortion contraception, best practices in public sector, making safe abortion services widely accessible through public and private health systems.

### **SBCC/IPC Orientation for Block functionaries**

Under NHM PIP sanction, orientation of Block functionaries on SBCC/IPC (Social and Behaviour Change Communication/ Inter Personal Communication) was organized at Dungarpur, during June 8 to 11, 2015. The sanction was provided to SIHFW to train block functionaries of all 10 HPDs. Trainers for this training were trained in a ToT at SIHFW. In participative training, topics of adult learning, listening skills, Inter personal communication, Social and behavior Change Communication, Social inclusion, counseling, community dialogue tools etc were covered in the training. There were hands on sessions for use of IPC material. Film show on film 'Rachnatmak Ravaiya' was also done at the training. The participants learned about method of developing village level communication plan and how to organize IEC for MCHN day.

### **AAAs Orientation on IPC/ SBCC at Sector Level**

Orientation of the field functionaries-AAAs (ANMs, ASHA and Anganwari workers) on IPC and SBCC was organised by SIHFW at Sector level thereby strengthening the system of Sector meetings done on monthly basis.

One day orientation of AAAs was done by SIHFW at sector level in High priority blocks of all 10 HPDs.



ToT trained SBCC trainers and oriented Block functionaries (under NRHM PIP orientation on SBCC) were trainers cum mentors for AAAs training at Sector level. Along with sessions on orientation, the mentors provided hand holding support to AAAs in message delivery and identification of barriers. Participants were provided IPC tool kit (Flip Books and Flash cards) developed under SBCC partnership between SIHFW and UNICEF.

### **Monitoring/ Visits done by SIHFW personnel**

#### **Workshop for Dissemination of Best Practices and Lessons learned**

Dr. M.L Jain, Director SIHFW received Family planning Champion Award at National level workshop for Dissemination of best practices and lessons learnt. The workshop was organised by FOGSI and PSI in Private Sector engagement in the context of FP 2020 goals. It was organised on September 1, 2015 at New Delhi.



#### **Moment of Immense Joy for complete SIHFW family, Congratulations to Director Sir!**

Dr. M.L Jain also participated at a CTI meeting at NIHFW during July 8-9 2015. He had coordination visits with Principal and Controller, RNT Medical College, Udaipur during Sept 5 to 7, 2015 to discuss modalities of establishment of State Nodal Centre at College of Nursing, Udaipur. During Sep 25 to 28, 2015 Dr M.L. Jain had another visit for facilitation of development of Skill Lab at Nodal Centre at Nursing College, Udaipur.

Dr. Jain also participated at a Consultative Workshop titled "RI Supportive Supervision" held on August 11, 2015, at New Delhi.

### **RCH team monitoring**

Dr Richa Chaturvedy did monitoring of training on CAC (Comprehensive Abortion Care) at JK Loan hospital, Kota during July 22-24, 2015. Hands-on training sessions on BEmOC and PPIUCD were also monitored by Dr Richa at Zenana Hospital, Jaipur during Sept 16-17, 2015.

Mr.Aseem Malawat of SIHFW monitored CAC training at RNT Medical College Udaipur during July 23-25, 2015. Hands-on training sessions on BEmOC and PPIUCD were also monitored by Mr Aseem at Gangori Hospital, Jaipur during Aug16-17, 2015 and Sept 9-11, 2015, at RNT Medical College, Udaipur during Aug 24-25, 2015, at Zenana Hospital, Ajmer during Sept 14-15, 2015. Another batch of CAC refresher training was monitored by Aseem at Gangori Hospital, Jaipur during Sep 21-22, 2015.

Ms.Neha Awasthy monitored F-IMNCI training at JK Loan Hospital, Jaipur during July 19-23, 2015. Monitoring of CAC training at RDBP Jaipuria Hospital was also done by Ms Neha during Sept 21-22, 2015.

### **PDC visit to Udaipur Division**

As part of the curriculum of PDC, the participants are provided exposure of health systems of other states. The visit for the PDC XII batch was scheduled from Aug 18 to 22, 2015 at Udaipur division of Rajasthan. The visit was facilitated by Dr Vishal Singh, Faculty and Mr Ejaz Khan RO of SIHFW. Prior to the visit the participants were briefed about the purpose and objectives of the visit. They were divided into 4 groups and were given the observation checklist for different facilities. They were assigned topics for collecting information. The topics were on Human Resource, Physical Infrastructure, Quality control, services etc.

The participants visited SNCU and MTC of Chittorgarh, GO-Narayan Seva Sansthan, Udaipur, functioning of Delivery Points, Community based nutrition Program and Use of IT application by ANM & ASHA in field area of Save the Children-at Dungarpur, CHC Global Hospital and Research Centre at Abu Road, Sirohi. During this visit participants were provided exposure to best facilities and best services in Rajasthan.

### **Visit to SIHFW-Mohali, Punjab**

SIHFW-Mohali, Punjab was visited by PDC XII batch participants during Sept 7 to 12, 2015. The participants were accompanied by Dr Vishal Singh, Faculty and Mr Ravi Garg, SRO from SIHFW Jaipur. Dr. Baljeet Kaur Faculty SIHFW-Mohali welcomed and took a session in which she briefed about all the various innovations and projects on State and Districts level of Punjab. Mother & Child Health Action Plan of Punjab was discussed by Dr Navdeep Gautam, State Policy & Programme Manager, Punjab. A visit was made to Civil Hospital SAS Nagar, Mohali (Punjab) with Dr Manjeet kaur and Dr Andesh kang (GYNE) SMO SIHFW-Mohali. Hospital was an ideal one, with proper registration system, patient registration, reception, laboratory, well equipped labour room, wonderful record keeping system, bio medical waste management system and security system.

Dr Sanjay Gupta, Professor; Public Health and National Coordinator PDC, NIHFW (who was on visit of SIHFW-Mohali) also met participants. He discussed about course curriculum and suggestions on new topics to be incorporated in PDC.

Participants visited PHC Raya, Punjab and observed Waste Management (BMW guidelines followed), Infection prevention (proper hand washing techniques and hygiene guidelines followed and IEC displayed at right places), Labour Room (very clean and well equipped), delivery record, Immunisation day (Every Wednesday), record maintenance, Zinc and ORS corner, Reporting system (to CHC), Innovations (birth campaign model-every pregnant woman is accompanied by a woman during delivery who has following characteristics-A Woman should be married and have child birth experience, B .she is a close relative, C. she should be clean and D .she should not be having any communicable disease).

Participants also visited Civil Hospital Amritsar, one of the best and cleanest hospitals with all the facilities. Participants observed various innovation in this hospital, such as: One stop crisis centre for victims of sexual and domestic violence, A separate place for acid attack victim, A well maintained record room, List of near by expiry drugs was attached on the almirah of drugs and Birth campaign model.



## Health News

### Global

#### Health and Social Care for Older People

WHO Kobe Centre (WKC) launched a new study programme to investigate models and social innovations for community-based programmes which addressed health and social care for older people at a community level, initially in low- and middle-income countries (LMICs). First expert consultation on community-based social innovations that support older people in low- and middle-income countries, was organized on 14–15 July 2015 at Kobe, Japan. Understanding these models/initiatives, their key organizational, financial, programmatic and policy factors will help inform how best communities and countries can plan for sustainable and scaled up approaches, thereby contributing to universal health coverage (UHC) and continuous services for older populations. In this light, WKC released a call for proposals and supported seven case studies from seven countries. In order to synthesize learning across case studies, WKC organized a consultation with the authors and additional experts in July 2015 in Kobe. At the consultation, a report was shared on synthesis of both analyses of the case studies and discussions on specific themes identified during the consultations. Source: WHO Mediacentre, July 15, 2015

### India

#### Rise in Number of Institutional Child Delivery

The institutional deliveries in the country have increased from 38.7% as per the National Family Health Survey (NFHS-III) in 2005-06 to 46.9% as per District Level Household Survey (DLHS-III) in 2007-08. As per the Coverage Evaluation Survey (CES 2009) conducted by the UNICEF, the institutional delivery is 72.9%.

Institutional delivery rates in rural and urban areas were 28.9% and 67.5% respectively as per NFHS-III in 2005-06 which rose to 37.8% and 70.4% as per DLHS-III in 2007-08. Under CES 2009, the rural and urban institutional delivery was 68% and 85.6% respectively. The survey data is not available year wise but provided as per the period of survey. Source: PIB, July 31, 2015

### Rajasthan

#### Rajasthan govt signs MoU for health insurance scheme

The Rajasthan government took a major step towards the implementation of the ambitious Bhamashah Health Insurance Scheme, targeted to benefit over 4.5 crore people in the state with a smart-card based cashless health cover of up to Rs 3 lakh. A Memorandum of Understanding (MoU) was signed between the state medical & health department and the New India Assurance Company at Chief Minister's Office to give concrete shape to the scheme, which is being implemented state-wide.

Chief Minister Vasundhara Raje said the scheme would allow patients from lower income categories to avail quality healthcare from private hospitals, which were otherwise out of their reach. "Rajasthan is the third state to start a Health Insurance Scheme after Maharashtra and Tamil Nadu. More than 4.5 crore people will benefit from the quality cashless healthcare facilities through private and public healthcare providers under the scheme," Raje said. She added that the scheme would allow patients from lower income categories to avail quality healthcare from private hospitals, which were otherwise out of their reach. Source: Indian Express, September 4, 2015

*We solicit your feedback:*

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